

**BEST PRACTICE - 1**

**Title of the practice: MTK project for womens(Mothers) of Rural Area Near Sanghol, Punjab.**

**About the Institution**

Name of the Institution : Smt. Jawala Devi College of Education, Sanghol

Year of Accreditation : 2016

Address : Lord Rana Edu-City, Cordia Group, Sanghol

Grade awarded by NAAC : B++ (CGPA : 2.84)

E-Mail : [iqacjawaladevi@cordia.edu.in](mailto:iqacjawaladevi@cordia.edu.in)

Contact person for further details : Principal

Website : [www.jawaladevicollege.org](http://www.jawaladevicollege.org)

**Objective of the Practice** To develop a critical mass of self-sustaining knowledge, skills and capacity in Nutrition and Health, among womens(Mothers) from villages near Sanghol area, Punjab.

Smt. Jawala Devi College of Education has initiated the project to educate the womens from rural area, near sanghol in collaboration with Need For Nutrition Education/Innovation Programme (NNEDPRO), Global centre for nutrition and Health, Cambridge , UK . The NNEdPro Global Centre for Nutrition and Health is aligned with the United Nations Sustainable Development Goals, the UN Decade of Action on Nutrition (2016-2025) and the UN Decade of Family Farming (2019-2028), Committed to tackling the burden of malnutrition in all its forms – undernutrition, over nutrition and micronutrient deficiencies – through the effective use of education, research and advocacy as well as developing in-depth and scalable change models for population level impact. The project has been implemented by SJDCE, Sanghol in two phases.

Phase-I: From 24/08/2019 to 26/08/2019

Phase-II: From 31/01/2020 to 2/02/2020

Under this project, Womens were taken from villages near sanghol area with due consent of concerned sarpanch of the different villages. Leading team was jointly constituted by taking volunteers from SJDCE, Sanghol and NNEdPro, UK. Womens(mothers) were trained technically for nutritional diet and healthcare, hygiene, they have completed various technical sessions (C-1, T-1, D-1), conducted by the team. Data of all mothers was recorded for further proceedings. All mothers were trained to prepare healthy diet in minimum expenses and they were also trained for keeping hygiene , including about wearing caps, gloves while preparing food etc. They were also trained to serve the food on time and in proper proportions to keep the food balanced. Phase-1 was held for 3 days and further second phase of training was also held for 3 days. Training followed by field visits, where family members of the mother were also met the team. Data review and follow-up meetings were organized to know the progress. At the end, Dr. Shumone Ray, Head, NNEdPro talked about the Kitchen garden for Cordia Mother's in the Cordia Campus itself. Sessions went technically in various steps as per the need.

“Lets educate the mass about healthy and nutritional diet, lets end the malnutrition .”

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**BEST PRACTICE -2**

**Title of the practice: Remedial Teaching and Enrichment class**

**About the Institution**

Name of the Institution : Smt. Jawala Devi College of Education, Sanghol

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**Remedial and Enrichment Programs**

The remedial and enrichment program serves as one of the avenues in achieving excellence. The remedial program provides additional support and instruction in content-area pupils whose academic performance is below what is expected and to provide learning support to pupils who lag far behind their counterparts in academic performance. Referrals for remedial support are usually initiated by the subject teacher. After remediation, the remedial teacher meets with the committee to share observations and instructional support results. At this time, if it is felt further evaluation might be beneficial, the remedial teacher initiates diagnostic testing so that strategies and accommodations may be planned and implemented to benefit the student.

The Enrichment Program aims at identifying the gifted and talented students and provides them with appropriate assistance through different enrichment activities and programs that will cultivate and hone further their special talents and skills. We constantly look for opportunities in the local area to inspire, enrich, and challenge our talented students, for example, taking part in sport tournaments, cultural events, and local and national competitions.

**A. Remedial Program**

The college organizes remedial classes for students who do not perform well in the internal examination. These students are identified on the basis of their understanding and abilities of comprehension and performance in oral/written tests, assignments and seminars. Additional help to these trainees is rendered through remedial teaching, easier assignments, problem-solving sessions, revisions and interactive discussions and through personal mentoring by the teachers concerned. The students are also given advice after class hours under remedial classes and are motivated by providing simple and direct learning material

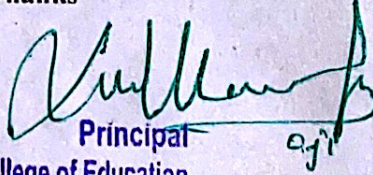
**B. Enrichment Program**

Enrichment classes are conducted for advance learners as well. These students are encouraged to adopt self-study methods for enrichment and remediation. They are exposed to both digital as well as traditional

resources for enrichment. Brainstorming sessions, projects, seminars and discussions are organised to nurture their creative abilities.

Peer group learning, quizzes, essay writing competitions, Decision Making Exercises etc. are some of the activities organised for these students.

\*\*\*\*\* Thanks \*\*\*\*\*



Principal

Smt. Jawala Devi College of Education  
SANGHOL